



Greetings to all our WA HE LUT Students and Families,

The Creator has blessed us with a new school year this Fall with your children gracing the halls and classrooms of WA HE LUT once again. It gives us all a sense of the pre-pandemic world even though we are still battling this disease. When I see our children all around the campus, and hear their voices and laughter I know it's a true Sacredness that we all carry in our Spirits.

The Instructional Staff has worked diligently to prepare the Master Schedules, training, assessments and other preparations to guarantee your child receives the highest level of educational services. The teachers work passionately every day with their students and their support staff is ever present providing all their needs so the students will be successful in their Education.

Now, a moment to reflect on the COVID-19 Pandemic, WA HE LUT has followed all the guidelines set forth from the DOH, L&I and the State Superintendent's Office. We are continually assessing our safety protocols as needed and will maintain open communications with the appropriate authorities and our families in our communities. However, the Coronavirus is an ever changing reality for all of us. We must never lower our guard against this serious disease and should continue to follow all the recommendations presented to us from the medical authorities to keep each other and our loved ones safe and healthy. Please know, that since WA HE LUT is a small school we are inherently safer than the much larger schools with higher populations of students and staffing.

In closing, I thank all of you for your dedication and support of WA HE LUT Indian School, and I am especially thankful for you trusting us with the education and safety of your children.

Harvey Whitford, Superintendent/Principal

### Upcoming Events

#### October 4<sup>th</sup>-28<sup>th</sup>

Classes visit pumpkin patches (dates and times to be sent home with each class)

#### October 29

Costume parade

Half Day- Teacher In-Service

### Specialist Corner

**LAP (Learning Assistance Program)** will be starting the week of October 11<sup>th</sup>. If your child qualifies you will receive a letter from Mrs. Westbrook.

### Native Language and Culture Program

In Native Culture and Language classes, K-8 students are learning about the First Salmon Ceremony and waterways, Salmon Boy Stories, Kwulshootseed introductions, greetings, and farewells. Students are also making cultural item keepsakes to take home.

### Earn Turtle Points and Earn Prizes!

This year Wa He Lut students are earning *Turtle Points* for following our school **Respect, Responsibility, Pride, and Safety**. Students can earn points on the bus at recess, in the hallways etc. Once a month our PBIS Prize cart will come to school and you can redeem points for prizes! Spend your points right away or save up for a larger prize!



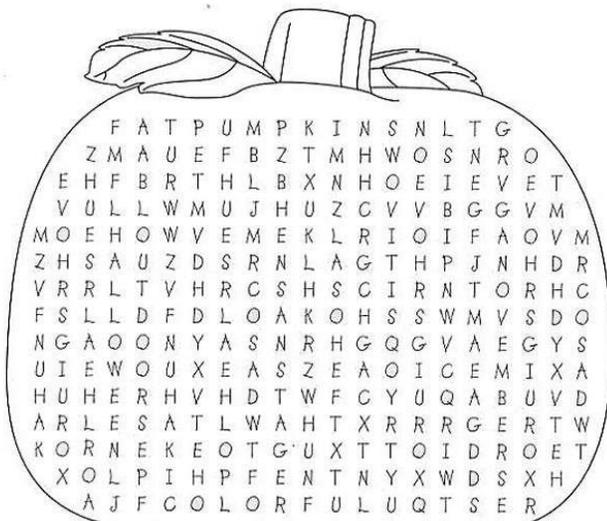
## Bullying

October is National Bullying Prevention Month. All students will be receiving lessons about bullying in their classrooms this month and next month. Students will learn how to RECOGNIZE bullying (being repeatedly mean on purpose- it's unfair and one-sided), REPORT it to a safe adult, and REFUSE it if they see it happening. If you suspect your child is being bullied at school, let your child's teacher, the school counselor, or an administrator know, or fill out a Bullying Incident report form at the front office. Let's all refuse Bullying at Wa He Lut Indian School!



## Pumpkin Word Search

Find and circle the fall words from the word list:



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Joke of the month: How do you fix a broken pumpkin?

Answer: With a pumpkin patch!

## A Note from our School Nurse

Hi WIS families. My name is Nurse Amber and I am on campus every day this year so if you have any questions please don't hesitate to contact me. My extension is 128. Please remember to stay home if you are sick and contact me so we can discuss when you can safely return to school. I think this is going to be a great year and remember to practice the 3 W's: Wear your mask, Wash your hands, and Watch your distance.

| CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES  |   |                  |                                   |                            |
|---|---|------------------|-----------------------------------|----------------------------|
| SYMPTOMS                                    | COVID-19  | COLD             | FLU                               | ALLERGIES                  |
| <b>Fever</b>                                | Common (measured at 100F or higher)                 | Rare             | High (100-102F) can last 3-4 days | No                         |
| <b>Headache</b>                             | Sometimes   | Rare             | Intense                           | Sometimes                  |
| <b>Extreme Exhaustion</b>                   | Sometimes (progressive study)                       | No               | Common (starts early)             | No                         |
| <b>General Aches/Pains</b>                  | Sometimes   | Slight           | Common (often severe)             | No                         |
| <b>Fatigue, Weakness</b>                    | Sometimes   | Slight           | Common (often severe)             | Sometimes                  |
| <b>Stuffy nose</b>                          | Rare  | Common           | Sometimes                         | Common                     |
| <b>Sneezing</b>                             | Rare  | Common           | Sometimes                         | Common                     |
| <b>Sore Throat</b>                          | Rare  | Common           | Common                            | No                         |
| <b>Cough</b>                                | Common  | Mild to Moderate | Common (can become severe)        | Sometimes                  |
| <b>Shortness of Breath</b>                  | In more serious infections                          | Rare             | Rare                              | Common                     |
| <b>Runny Nose</b>                           | Rare  | Common           | Sometimes                         | Common                     |
| <b>Diarrhea</b>                             | Sometimes   | No               | Sometimes                         | No                         |
| <b>Days to show symptoms after exposure</b> | 2-14 days   | 1-3 days         | 1-3 days                          | Right Away                 |
| <b>Average Recovery Period:</b>             | Current CDC Guidance: 10 days after symptoms appear | 3-7 days         | 7-10 days                         | As long as you are exposed |

Source: CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology

**Non-Discrimination Statement:** WA HE LUT Indian School Agency is an equal opportunity provider on the basis of sex, race, creed, religion, color, national origin, age, veteran or military disability, or the use of a trained dog guide or service animal and provides equal access under the Americans with Disabilities Act (Title 25, U.S. Code section 472 and 473). The following employee(s) have been designated as the contact person for discrimination, Harvey Whitford, [Harvey.whitford@bie.edu](mailto:Harvey.whitford@bie.edu); Section 504 and Civil Rights Act (Title 25, U.S. Code section 1311) at 11110 Conine Ave SE, Olympia, WA 98513.