

WA HE LUT INDIAN SCHOOL MENU NOVEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Cereal with Whole Grain Toast Yogurt, Milk & Juice</p> <p>Corn Dog, Tater Tots, Salad Bar & Milk</p>	<p>2 Biscuits and Sausage Gravy, Fruit Cup, Milk & Juice</p> <p>Beef & Noodles, Whole Grain Roll, Salad Bar, Milk</p>	<p>3 – LATE START Scrumptious Coffee Cake, Fresh Fruit, Milk & Juice</p> <p>Chicken Patty, Mashed Potatoes, Salad Bar & Milk</p>	<p>4 Scrambled Eggs, Sausage, Fruit Cup, Milk & Juice</p> <p>Grilled Cheese Sandwich, Soup, Salad Bar & Milk</p>	<p>5 Pancakes with Syrup, Bacon, Fruit Cup, Milk & Juice</p> <p>Pizza, Whole Grain Garlic Bread Stick, Salad Bar & Milk</p>
<p>8 Granola Sundae, Fresh Fruit, Milk & Juice</p> <p>Chicken Strips, French Fries, Salad Bar & Milk</p>	<p>9 French Toast, Sausage Links, Fruit Cup, Milk & Juice</p> <p>Peanut Butter & Jelly, Chips, Salad Bar & Milk</p>	<p>10 – LATE START Oatmeal, Whole Grain Toast, Fruit, Milk & Juice</p> <p>Beef and Cheese Burrito, Tortilla Chips, Salad Bar & Milk</p>	<p>11 NO SCHOOL – VETERAN'S DAY!</p>	<p>12 Whole Grain Bagel with Toppings, Fruit Cup, Milk & Juice</p> <p>Lasagna, Garlic Bread, Salad Bar & Milk</p>
<p>15 Cinnamon Roll, Yogurt, Fruit, Milk & Juice</p> <p>Turkey & Cheese Sub Sandwich, Chips, Salad Bar & Milk</p>	<p>16 Breakfast Pizza, Fresh Fruit, Milk & Juice</p> <p>Cheese Quesadilla, Black Beans, Corn Salsa, Salad Bar & Milk</p>	<p>17 – LATE START Cheese Omelet, Fresh Fruit, Milk & Juice</p> <p>Hamburger on a Bun, Fries, Salad Bar & Milk</p>	<p>18 Mini Waffles with Syrup, Fresh Fruit, Milk & Juice</p> <p>Chili, Cornbread, Salad Bar & Milk</p>	<p>19 – EARLY RELEASE Whole Grain Cereal with Toast, Fresh Fruit, Milk & Juice</p> <p>Macaroni & Cheese with Meatballs, Roll, Salad Bar & Milk</p>
<p>22 Pancake on a Stick, Fruit Cup, Milk & Juice</p> <p>BBQ Chicken Drumstick, Breadstick, Salad Bar & Milk</p>	<p>23 Whole Grain Muffin, Boiled Egg, Fresh Fruit, Milk & Juice</p> <p>Chicken Chow Mein, Salad Bar & Milk</p>	<p>24 – HALF DAY Biscuits & Gravy, Yogurt, Fruit, Milk & Juice</p> <p>Baked Potato, Bacon Bits, Roll, Salad Bar & Milk</p>	<p>25 NO SCHOOL THANKSGIVING</p>	<p>26 NO SCHOOL THANKSGIVING</p>
<p>29 Whole Grain Cereal, Toast, Fresh Fruit, Milk & Juice</p> <p>Corn Dog, Seasoned Corn, Salad Bar & Milk</p>	<p>30 Scrambled Eggs, Sausage, Toast, Fruit Cup, Milk & Juice</p> <p>Pepperoni Pizza, Garlic Bread, Salad Bar & Milk</p>			

Milk Choice includes a choice of 1% white milk or non-fat chocolate milk. Fruit and Vegetable bar (fresh or canned) offered daily for lunch.

*In accordance with Federal Laws and USDA civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. *Menu Subject to Change due to food item availability/shortage.*

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