

WA HE LUT'S MENU FOR MARCH 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
<p><u>Milk Choice includes a choice of non-fat or 1% Milk</u></p> <p><u>Choice of Fruit for Breakfast</u></p> <p><u>Choice of fresh Vegetables & Fruit on the Salad Bar for Lunch. (Fresh and Canned Fruit)</u></p>	<p>1 Cereal, Yogurt, Fruit Cup, Milk & Juice</p> <p>Grilled Cheese, Homemade Chicken Noodle Soup, Roll, Salad Bar, Milk</p>	<p>2 Pancakes, Sausage, Fruit Cup Milk & Juice</p> <p>Chicken Fettuccini, Green Beans, Bread Stick, Salad Bar & Milk</p>	<p>3 Sausage Biscuit with Gravy, Fruit Cup, Milk & Juice</p> <p>Hamburger, French Fries, Salad Bar & Milk</p>	<p>4 Scrambled Eggs, Whole Grain Toast, Fruit Cup, Milk & Juice</p> <p>Pizza Garlic Bread Stick/w Marinara Sauce, Salad Bar & Milk</p>
<p>7 Oatmeal, Whole Grain Toast, Fresh Fruit, Milk & Juice</p> <p>Spaghetti, Garlic Bread, Caesar Salad, Roll, Salad Bar & Milk</p>	<p>8 Bagel with Toppings, Banana, Milk & Juice</p> <p>Baked Chicken Drumstick, Savory Rice, Salad Bar & Milk</p>	<p>9 French Toast with Strawberries, Fruit Cup, Milk & Juice</p> <p>Beef & Noodles Mashed Potatoes Green Beans</p>	<p>10 Cheese and Bacon Biscuit, Yogurt, Fresh Fruit, Milk & Juice</p> <p>Bean & Cheese Burrito, Mexican Rice, Salad Bar & Milk</p>	<p>11 Breakfast Burrito, String Cheese, Fruit Cup, Milk & Juice</p> <p>Yummy Sloppy Joe on a Bun Potatoes Puffs, Salad Bar & Milk</p>
<p>14 Pancakes, Bacon, Fresh Fruit, Milk & Juice</p> <p>Grilled Cheese Sandwich, Tater Tots, Salad Bar & Milk</p>	<p>15 Breakfast Break, Fruit Cup, Milk & Juice</p> <p>Corn Dog, Chips, Salad Bar & Milk</p>	<p>16 Coffeecake and Yogurt, Fruit Cup, Milk & Juice</p> <p>BBQ Beef on a Bun Or PBJ Sandwich Baked Beans Brownie</p>	<p>17 Cheese Omelet, Oranges, Milk & Cheese</p> <p>Turkey & Cheese Sub Sandwich Potato Fries</p>	<p>18 Breakfast Pizza</p> <p>Country Style Beef Pattie Mashed Potatoes & Gravy Steamed Broccoli Whole Wheat Roll</p>
<p>21 Blueberry Muffin Cereal Choice, Fruit Cup, Milk & Juice</p> <p>Chili, Cornbread, Salad Bar, Milk & Juice</p>	<p>22 Star Spangled Pancakes, Sausage Links</p> <p>Chili Dog, Chips, Salad Bar, Milk & Peanut Butter Cookie</p>	<p>23 Bagel with Toppings or Yogurt</p> <p>Spaghetti w/ Meat Sauce Seasoned Peas French Garlic Bread</p>	<p>24 Breakfast Pita Hash Brown Potatoes</p> <p>Nachos, Corn Tortilla Chips, Salsa, Salad Bar & Milk</p>	<p>25 Choice of Cereal, Toast, Fruit Cup, Milk & Juice</p> <p>Pizza, Garlic Cheese Stick, Salad Bar & Milk</p>
<p>28 Pumpkin Choc Chip Muffin Whole Grain Cereal, Fresh Fruit, Milk & Juice</p> <p>Mini Meatball Sub, Roll, Seasoned Corn, Salas Bar & Milk</p>	<p>29 Wa He Lut's Egg Mc Muffin w/Cheese Sausage</p> <p>Chicken Nuggets Mashed Potatoes Whole Wheat Roll, Salad Bar & Milk</p>	<p>30 Mixed Fruit Smoothie, Whole Grain Toast, Milk & Juice</p> <p>Chicken Casserole, Green Beans, Roll, Salad Bar & Milk</p>	<p>31 Pancake on a Stick, Hash Brown, Fruit Cup, Milk & Juice</p> <p>Pepperoni or Cheese Pizza, Garlic Bread Stick, Salad Bar & Milk</p>	<p style="text-align: center;">HALF DAY</p> <p>Program Benefits are available to all Children without regard to Color, Sex, Age, Handicap, or National Origin.</p>

